

# SPIRITUAL DISCIPLINES INTERVIEW

*Handout*

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## **INSTRUCTIONS**

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### **1. FIND THE RIGHT PERSON**

Can be a family member, microchurch leader in Greenhouse, coworker, etc. Someone you know has a vibrant relationship with God and the spiritual disciplines.

### **2. MAKE SURE YOUR DEVICE IS RECORDING**

### **3. INTRODUCE YOURSELF & EXPLAIN THE PROJECT**

### **4. TRANSCRIBE THE PORTION THAT IS MOST IMPACTFUL**

## **SAMPLE QUESTIONS: (15-30 MINUTES)**

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- How long have you been a Christian?
- Here is a list of spiritual disciplines that we will be studying (Read out the list from the book Celebration of Discipline). Are you familiar with these? What is your relationship to these disciplines?
- Which one have you been practicing the longest?
- Concerning the SD that you have been practicing the longest, what fruit have you seen come from this practice?
- Which one is the hardest?
- Why would you say that?
- What encouragement would you have for me in this class and journey?
- What resources would you recommend to look into?